

Winter Kit List

Specialist equipment is provided or hired. It is encouraged for you to use as much of your own equipment as possible as it is often useful to get familiar with certain specialist products. Please get in touch with any questions you may have regarding the suitability of your own equipment before the start of the course.

Recommended kit list for winter courses;

Rucksack: Something to put everything in! 40–50 litres are the best size to go for.

Boots: B3 (fully stiffened) boots, either plastic or leather are required for climbing courses. A B2 rated boot that is crampon compatible is adequate for skills and mountaineering.

Crampons: 12 point crampons with anti-balling plates (essential) are best. Clip-on heels are the easiest to use (especially in bad weather) and better for winter climbing, although strap-on crampons are adequate for skills courses.

Ice Axe: For skills and mountaineering courses, a single, straight shafted axe is required. Approx 55–60cm is a good guideline for size. For climbing, 2 technical axes are required.

Harness*: A sit down harness which is comfy and has gear loops. Not required for the skills course.

Helmet*: Essential for all winter courses.

Belay plate & Screw-gate Krab*: Not required for skills courses.

Map and Compass: Maps will need to be weatherproof.

Waterproofs: A set of over-trousers with minimum half leg zip to enable ease of use when putting on or removing in the ever changing winter environment. Jackets need a good hood. Both items need to be hard wearing, lightweight garments are often inadequate.

Head-torch: Essential due to the shortness of days.

Snow Goggles: Essential for all winter courses.

Water bottle/ Flask and Lunch

Gaiters: Essential for all winter courses.

Personal Clothing: Warm clothing is essential. A good layering system is recommended. Warm gloves and mitts, a hat and balaclava. Down equipment doesn't work when wet!

Small First Aid Kit: To cover small cuts, blisters and headaches.

*Equipment available for hire, please book in advance.